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### The ABC-C-C's of Leadership:

The best leaders are the ones that can effectively connect with the people they manage and are responsible for. Great leaders are the ones who find ways to empower individuals on their team and consistently challenge them in a positive way. When you are a great leader, you will know what makes your team click, what makes their pulses jump, and their career goals/objectives. It is important to find a connection to the people you are leading; in turn, they will put in the extra effort and want to be part of YOUR team.

#### **Key Points:**

- Identify your leadership style & what defines a leader who leads with the 3 C's
- Understanding the Clarity Pyramid and its impact on building strong teams
- Understanding what "the box" represents when you want to think outside of it



### The Coffee Bean – Be the Transformer:

Life often presents us with circumstances that can define us if we let them. These can be presented through moments, stages of phases that are so pivotal they alter our future plans. The outcome is determined by your response to these circumstances. The outcome is altered greatly by your choice to be a carrot, an egg or a coffee bean.

#### **Key Points:**

- How to transform negative events into positive outcomes
- Create an action plan to "be the Bean"



## Forward Focused – the Power of Positive Leadership:

This session will focus on how to work with and transform Energy Vampires into positive energy bus drivers. It is a choice we make every day to be positive or negative. It is hard to stay focused when all the energy is sucked up with negativity, but we can do it! Whether you lead from the top down or the bottom up, your positive energy can impact your organization for the better.

### Key Points:

- Why it is important to control your goals & visions in spite of the Energy Vampires
- How to fuel yourself and those around you with positive energy
- Best practices to keep positive energy flowing – and the Energy Vampires away
- Learn how to fuel your life and work with the kind of positive, forward thinking that leads to true accomplishment – at home and at work



## No Complaining – How to Master the Whiners & Make Them Winners!:

This session will focus on adjusting your complaining attitude into a solution based attitude. We are complainers by nature – babies cry for food or comfort and adult cry by complaining. Many do it out of habit and don't even realize they are complaining.

### Key Points:

- How to turn complaints into solutions
- How to use “Complaining Tools”
- Building your Positive Principles
- No Complaining Rule
- Things to do instead of Complain

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